

## Session 7

# DELIVERANCE & DEMONS

## STUDY CENTER

The best way to begin on the subject of demons and deliverance is to first look at the beginning of creation.

Before God created the things in the earth, He also created things in the heavenly or spiritual realm. He created all things visible and invisible. God created angelic beings who were present before the creation of the earth and man (Colossians 1:16). We also find this to be true in Job 38:4-7 which says, *Where wast thou when I laid the foundations of the earth? Declare, if thou hast understanding. 5 Who hath laid the measures thereof, if thou knowest? or who hath stretched the line upon it? 6 Whereupon are the foundations thereof fastened? or who laid the corner stone thereof; 7 When the morning stars sang together, and all the sons of God shouted for joy?*

The sons of God in this verse are created beings also known as angels. In the very beginning, all of God's creation was perfect, until the Bible records that one such angel called Lucifer was found in iniquity. Of course, we know Lucifer today as ole' slew foot, otherwise known as the devil! According to Isaiah 14, iniquity was found in him and he desired to usurp himself above God. This resulted in Lucifer himself and one third of the angels getting cast out of heaven and becoming the rival enemies of God and the Lord's church. (see Revelation 12:3-4) Jesus even tells us that he saw Satan fall like lightning from Heaven (Luke 10:18). Satan's kingdom is now in the second heaven or the atmosphere above the earth and he seeks to set up his kingdom of demonic power here on earth.

The Bible lists several things about the devil that will help us better identify him and the operation of his demons.

- He is real, and is a fallen spirit/angelic with a spiritual body. (Job 1:6-12, 1 Chron. 21:1)
- He is deceitful. (2 Cor. 11:14)
- He roars about like a lion seeking whom he may devour. (1 Peter 5:8-9)
- He kills, steals and destroys. (John 10:10)
- He is prideful. (1 Tim. 3:6)
- He is the father of lies. (John 8:44)
- He is the accuser of the brethren. (Rev. 12:10)
- He is called the prince of devils. (Matt. 12:24)

There are two predominant points of view on the origin of demons.

- 1) Demons are fallen angels that fell with Lucifer from heaven. This one is the most commonly accepted.
- 2) Demons are *not* fallen angels but rather part of a pre-adamic (meaning before Adam) race/creation of beings that fell.

We won't spend unnecessary time here trying to deter-

mine the origin of demons, but instead learn more about how to cast them out! However, we will probably lean more toward the point of view that demons are in fact fallen angels.

We can agree that Satan and his demons exist today and have done much to destroy human lives. The good news is that God has not left us without a way to overcome the devil! He has given us authority over demons to bind them and cast them out. Mark 16:17, *And these signs shall follow them that believe; in my name shall they cast out devils;* Jesus gave us power and authority over all devils! Even children can cast out demons (Ps. 8:2)!

### Ways Demons Can Enter A Person's Life

We must remember that demons are disembodied spirit beings that seek after human bodies or animal bodies to carry out their work. They need a physical body to give them access to operate in this physical world. The Bible tells us in Luke 22:34 that Satan literally *entered into* Judas Iscariot. Demons need to gain man's authority to work their evil. Ephesians 4:27, says *Neither give place to the devil.* That means we are not to provide him a point of entry! We know that evil spirits seek to enter into people's lives and there are many ways evil spirits will try to get us to give them that access. Here are some of the most common.

### THINGS THAT GIVE DEMONS ACCESS TO ENTER OUR LIVES.



- *Through sin and/or lack of repentance. James 1:14. Jesus taught us to sin no more or something worse could enter in our lives. (John 5:14)*
- *Through generational curses or heredity. Ex. 20:5, Lam. 5:7*
- *By opening doors or giving place to the devil. Eph. 4:27*
- *Through disobedience to authority and parents. Ephesians 6:1-3*
- *By allowing evil to enter into our homes. Num. 33:5-6*
- *Through marital strife. 1 Peter 3:7*
- *Through abuse, unforgiveness, and rejection. Matt 18:32-35*
- *By practicing or partaking in the occult. Acts 16:16*

**EXTRA:** What other examples or Scriptures can you think of?

Demons have many characteristics that appear very similar to human nature and thus make their activities difficult to detect if we are not keen in the spirit through the Word of God. In some cases, people have thought the activity of evil spirits was nothing more than "just in their mind" or just them. Sometimes that is true, but it will help to know the following information about demons, so we are more keen

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to recognize their operation. Demons want us to believe that their evil schemes and work is non-existent and "all in our mind" so we will dismiss it and do nothing to resist or remove them.

### Key Characteristics of Demons

- *They have a will.* Matt 12:44 - The demon determined he would return to the person.
- *They have emotions.* James 2:19 - Even demons believe and they tremble in fear of God.
- *They have an intellect.* Mark 1:24 - The demons knew Jesus was the Holy One of God.
- *They like to be hidden and remain hidden.* Mark 1:24 - The demon told Jesus to leave them alone. The Bible also calls them rulers of darkness, means they like to be secretive (Eph 6:12)
- *Demons can also speak.* They often speak through people.

### **Can Christians Have Demons?**

When it comes to deliverance, there is one key question often asked, and that is, "Can a Christian have a demon?" Many think that a Christian can't have a demon since their spirit man has been born again, making them off-limits to the devil so-to-speak. Now demons can't enter your spirit once you have been born again and made Jesus the Lord of your heart. However, demons *can* live in a person's body and soul (mind and emotions).

There are a couple things to consider regarding Christians having demons and the need for deliverance in the church. Some think Christians cannot have demons and others will tell you emphatically "yes they can!" First, we can't excuse the sins, wrongful behaviors and lifestyle of many Christians as a demon that they "just couldn't control." Some Christians actually do this in order not to take responsibility for their actions and change their lifestyle. Instead, the Bible teaches that we are to take responsibility for our actions, and by doing this, we "cast out the devil" and make no place for him to operate. On the other hand, we also find cases in which a person was bound to something, such as some type of infirmity and without deliverance, they could not get free from it. In some situations, there is a literal attachment of evil spirits binding the person.

To help us better understand the subject of deliverance and whether or not a Christian may need deliverance, let's first examine the 3 main types of demonic bondage. This will answer a lot of questions. The **key words** that help clarify each of them is underlined.

1. **Possession**—To be completely controlled, overtaken with the loss of ability to act independently of the evil spirit. Examples: to be out of one's mind, demoniac, insane, suicide/homicide, inhumane, sadism/bloodshed, lunatic, reprobate, depravity, uncontrolled rage & abuse, violence, occultic allegiance/control etc.
2. **Oppression**—To be held captive, held back or

repetitively hindered in a particular area. Examples: Sickness and disease, infirmity, discouragement, loneliness, rejection, fear/panic, premature death, accusation, tragedy, accident, victim of abuse, frequent injury, lack, poverty etc.

3. **Obsession**—To be drawn to or addicted to a particular sin, evil, or habit of which one cannot seem to overcome or live without. Examples: Substance abuse, sexual addiction/promiscuity, control and manipulation, gambling, pride, vanity, humanism, covetousness, materialism, gluttony, laziness, anger/strife, lying, stealing/cheating, evil fantasy, etc.

Now just because a person has committed some of the sins listed, particularly in category 3, it does not necessarily mean that they need deliverance. Of course, there are some behaviors that are inherently demonic, even if acted upon once, as seen in category 1 above. However, just because you got mad once or twice and perhaps even threw a shoe, doesn't necessarily mean you are obsessed with a spirit of anger. Or because you had the flu, doesn't mean you need deliverance from an oppression of infirmity. Yes, demons can be present, when you get mad, or get the flu. Without a doubt, they are present trying to aid the bad situation and lure you further into accepting something you shouldn't. However, this does not necessarily mean you need *deliverance*.

Think of bondage instead as something that is attached to you, like a ball and chain around your ankle that keeps coming up again and again. It is more than a learned habit, even though human habits aid demonic strongholds. A demonic stronghold is something you can't seem to overcome even when you change your habits. For example, you change your diet, you exercise, but disease won't stop taking over your life. To be rid of it, you need to be *delivered* from it. In many cases, we don't have Christians who need deliverance as much we have those who simply need to resist the devil. There is a difference between being bound to a demon and needing to resist one *trying* to bind you! Resisting the devil (James 4:7) is what keeps you free so you don't find yourself needing deliverance later. When we don't resist the things the devil tries to offer, we risk giving demons more and more access until eventually we find ourselves bound.

Rest assured that a Christian, who is sold out to Christ, cannot be possessed of a demon. He can however be oppressed or obsessed. Have you ever seen a Christian suffer from a disease they needed to overcome? If the problem is continuous and unrelenting it is very possible that a demon is oppressing them. Those demons can be near them, hang on/in their mind, hang on/in their body or even in their homes. Where demons cannot live, is in the spirit of the Christian because that is inhabited by the Holy Spirit.

However, a Christian should never take a relaxed attitude when it comes to any form of demonic power. Don't assume, "Well I am a Christian, and that means I can't be possessed, so it won't hurt if I dabble in a few small things." No! Demons are

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clever, deceptive and have been in the professional business of toppling lives, families, and nations for years! Don't mess with them. There are Christians in hell today who dabbled with demons and thought they could stay in control, but eventually it got the better of them until they literally turned away from Jesus altogether and gave control of their life over to devils.

### KEY VERSES!

1 Timothy 4:1, *Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils.*

1 Corinthians 10:21, *You cannot drink the cup of the Lord, and the cup of devils: ye cannot be partakers of the Lord's table, and of the table of devils.*



### Deliverance at Salvation?

Many Christians have found that some of the demonic powers that bound them prior to being born again left instantly the moment they made Jesus Lord. This is the wonderful thing about the new birth, it drives the devil out of your life! However, even if you were delivered when you were saved, it doesn't mean the devil is going to leave you alone forever. He is always looking for someone to devour (1 Peter 5:8) Remember the demonic strong man in Matthew 12:44? He left, but came back to the man with seven demons making the man worse than before.

Also we find from Scripture that some received salvation, but there were still certain strongholds that needed to be broken in their life. This is commonly found with heavily rooted demonic strongholds, often from things such as severe abuse, drug addiction, witchcraft or sexual additions. Often the deeper, more powerfully rooted the stronghold, the more it tries to hang on. It is not hard to see that *the more vile or corrupt the behavior, the more powerful the demon*. More evil means more demonic control.

Therefore, some still need to address some strongholds after they are saved and take authority over them. Regardless of the severity of the stronghold, if the deliverance was instant at salvation or still needs to be dealt with afterwards, it does not mean that one person had a more powerful salvation experience than the other. It just shows what the Bible teaches, that **different demons require different methods of deliverance** (Matthew 17:21). For example, a person may get saved, and still be sick with an infirmity, and need to cast it out, yet there are others who get saved and healed all at once. Both were still equally and powerfully saved through the blood of Jesus!

In the story of Philip, the evangelist, in Acts 8:5-13 we find that the people received deliverance from evil spirits and later believed and were baptized. Some of these believers may have received instant deliverance upon conversion while others may not have. We can draw

this idea by looking a few verses further in Acts 8, at Simon the Sorcerer. Did you know that the Bible says that this sorcerer believed and was even baptized? He even continued to follow the ministry of Philip! (Acts 8:13) If Philip thought Simon's salvation experience was a hoax, he probably wouldn't have let Simon hang around his ministry. Yet at a later time, when Peter came along, in the same chapter, he rebuked Simon when he tried to use the baptism of the Holy Spirit for financial gain. Why do you suppose Simon suddenly did that? Could it be perhaps because he was reverting back to his old ways? More than likely. But notice what Peter said to him:

Acts 8:22-23, *Repent therefore of this thy wickedness, and pray God, if perhaps the thought of thine heart may be forgiven thee. 23 For I perceive that thou art in the gall of bitterness, and in the **bond of iniquity**.* The Contemporary English version translates verse 23 this way: *I can see that you are jealous and **bound** by your evil ways.* We could conclude that Simon was saved, but still bound to some form of demon power from his years of practicing witchcraft.

In another example the Apostle Paul warned the church in Corinth to beware not to receive a different spirit from which they had received. He was referring to a demon spirit, which was different from the Holy Spirit. 2 Corinthians 11:1-3, *But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ. 4 For if he that cometh preached another Jesus, whom we have not preached, or if ye receive another spirit, which ye have.*

Of course, he was not talking about accidentally receiving an evil spirit when seeking the baptism of the Holy Spirit, which the Bible says in Luke 11:10-13, will not happen. It says that if you ask the Father for the Holy Spirit, He won't give you an evil spirit. Instead, Paul was saying that Christians can be deceived into accepting an evil spirit into their life, by allowing their minds to accept corrupted ideas and seductions that draw them away from Christ. In other words, they fall back into demonic bondage.

### Cast the devil out!

Now that we have studied some basics on demons and deliverance, it's time to get rid of them! Jesus had a powerful deliverance ministry, so we will look foremost at His example. First, let's remind ourselves of 1 John 4:1, which says, *Beloved, believe not every spirit, but try the spirits whether they are of God:* Jesus taught how to do this.

He said in Matthew 7:16-20 that we will know a tree by its fruit. He said a corrupt tree can't bring forth good fruit and a good tree can't bring forth evil fruit. Basically we can learn, that if it acts like a demon, smells like one or talks like one, then you guessed it, it probably is one! Jesus taught us to recognize things based on what they produce. This is the first key. Then He taught in Matthew 12:29-30, *But if I cast out devils by the Spirit of God, then the kingdom of God is come unto you. 29 Or else how can one enter into a strong man's house, and spoil his goods, except he first bind the strong man?*



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and then he will spoil his house.

Simply put, once we see the fruit of a demon spirit, then we need to address the strong man that is helping to produce all that evil fruit. How do you destroy the goods (or fruit) of the strong man's house? You go after that strongman! The Lord was showing us by binding the strong man you destroy his fruit.

To get a person delivered from demons you first need to bind the strong man. An example of this would be if you went to an orchard, you would be able to identify the kind of trees by the fruit hanging from them. In the same way, we can know the strongman that binds a person by the fruit or manifestations being produced in their lives. You can't kill a tree by just picking the fruit. You have to take an axe to the root of the tree. Similarly, you can't just deal with the manifestations of demons, but use them to identify a connecting strong man. It's like bowling. In order to get a strike or best results, you aim at the center pin called the kingpin. The same is true in deliverance.

These strongmen are classified in the Bible as spirits. Oftentimes, if the Bible doesn't classify what we think is a spirit it is probably not a strongman but the fruit or manifestation of one. The strongman or chief demon always has connecting fruit that helps us to identify him. When we bind that strongman, as Jesus taught, we will spoil his goods.

Listed here are many of the demonic strongmen named in the Bible, along with the fruit that helps identify them. The list is compiled from the book How To Try A Spirit, by Mary Garrison, Christ Camp Publishing, 1976.

- **The spirit of fear** (2 Tim. 1:7) *Fear, horror, terror, anxiety, worry, timidity, tension, heart attack, phobia, shyness, nightmares, nervousness.*
- **A perverse spirit** (Isa. 9:14) *Lust, fornication/sexual perversion, homosexuality, lesbianism, adultery, incest/rape lewdness, profanity.*
- **A spirit of haughtiness/pride** (Prov. 16:18-19) *Pride, arrogance, dictatorship, gossip, contention, egotism, bragging, self-righteousness, scornfulness, mockery, control, overbearing, dominance.*
- **The spirit of bondage** (Rom. 8:15) *Addiction, bitterness, rejection, wounded/bruised spirit, compulsion, brokenness.*
- **The spirit of infirmity** (Luke 13:11) *Sickness, disease, allergies, fevers, colds, flu, virus, fungus, lame and frailty.*
- **The deaf & dumb spirit** (Mk. 9:25-26) *Dumb/speechless, suicidal, epilepsy, lunatic, mental disorders, ear diseases, deafness, insanity, schizophrenia, blindness, madness, bipolar, convulsions/foaming at mouth.*
- **A lying spirit/seduction** (2 Chron. 18:22) *Lies, exaggeration, delusions, flattery, vain babblings, religious spirit, false doctrine, superstitions, vain imaginations, seduction, blasphemy.*
- **The spirit of whoredoms** (Hosea 4:12) *harlotry, love of money, worldliness, greed/position, idolatry, gluttony, love of body, immodesty, pornography, voyeurism, sexual lewdness of any kind.*
- **The spirit of heaviness** (Isa. 61:3) *Fatigue, tiredness, sorrow, depression, despair, sadness, grief, loneliness, discouragement, rejection, self-pity, gloominess, hopelessness.*

- **The spirit of jealousy** (Num. 5:14) *Jealousy, anger, rage, violence, murder, wrath, revenge, selfishness, suspicion, hate, spite, cruelty.*
- **Divination/familiar spirit** (1 Sam. 28:7-8) *Occult, witchcraft, sorcery, voodoo, soothsaying, astrology, mythology, transcendental meditation.*
- **Foul/unclean spirit** (Luke 4:36) *Uncleanliness, dirty, filth, disorderly, stench, ungroomed, bad hygiene, clutter, infestation.*

**Be sober, be vigilant; because your adversary the devil as a roaring lion walketh about, seeking whom he may devour.**  
1 Peter 5:8

### Basic steps for deliverance.

1. **Identify the problem.** Find out the basics about the person's situation. What are they dealing with? It isn't always necessary to get every detail.
2. **Identify the door.** How did the demon come in? Were they abused? Did they open a door through sin activity?

Were they in the occult? Was there an event they can recall? Is there unrepented sin?

3. **Forgiveness!** It is important to get the person to forgive and release anyone who hurt them and contributed to their present problem. Lead them in a specific prayer about it. They also need to forgive themselves and ask God for forgiveness.

4. **Identify the strongman.** Look at the fruit. Discuss with the person what strongman and other demons that may be at work. Listen to the Holy Spirit.

5. **Address the strongman.** Begin with prayer, and then command the strongman and other demons to leave in the Name of Jesus and by His blood. You can also anoint with oil. The person does *not* have to have a "demonic manifestation" such as convulse, scream, vomit, sneeze, blink rapidly, yawn, glaze over etc. to be set free. If that does happen, don't worry. You have authority over that too! Don't allow demons to "show off." *Command the demons to be still and leave the way Jesus did it in Luke 4:35.*

6. **Look for signs of deliverance.** You can often tell when a person is free, by sensing it, watching their face, their eyes and even by what they tell you. You may even see a demon leave through the gift of discerning of spirits. You will begin to sense a release. Some people react to their freedom by crying, falling under the power or with beaming smiles, but again don't focus so much on the outward manifestation as it isn't always a sign of deliverance. Instead listen to the Holy Spirit in you.

7. **Give them new direction.** Remind the person receiving deliverance the importance of living a godly life, and how to change habits and live a disciplined Christian life.

### Maintaining Deliverance

Just as much as it is important to be free from evil spirits, it is equally important for people to maintain their deliverance. Deliverance isn't just the act of casting out demons, but it is teaching, training, and godly council. In order to maintain our deliverance, we need to be people of the word of God, who walk in the spirit. We must strive to live a holy life that forsakes sin. By turning away from demons and toward God, we make no room for strongholds. By staying in love, forgiveness, tenderness and sensitivity to others, we make it hard for demons to operate. The result will be demons of darkness will not want to be around those who walk in the spirit and in the light!

# DELIVERANCE & DEMONS

## WORK CENTER

### STUDY QUESTIONS

1. In what verse of Scripture did Jesus say that He saw Satan fall from Heaven like lightning? \_\_\_\_\_
2. Write Ephesians 4:27 from memory. \_\_\_\_\_  
\_\_\_\_\_
3. List some ways that demons can enter a person's life. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. List the three main types of demonic bondage. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. What are the key words that define each of your answers in number 4?  
\_\_\_\_\_  
\_\_\_\_\_
6. Can a Christian have a demon? Y N Explain your answer \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. Jesus taught a key method from testing/trying evil spirits (1 Jn. 4:1) so we know what demons are at work. How did He teach us to do it? \_\_\_\_\_  
\_\_\_\_\_
8. Jesus taught that if we are to cast out demons, we need to first bind the \_\_\_\_\_. In what verse is this found? \_\_\_\_\_
9. Can you list the basic steps for deliverance? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
10. Deliverance isn't just 'casting out demons.' What else does it involve?  
\_\_\_\_\_

**Extra Work:** In Matthew 17:21, Jesus said certain things were required for certain types of deliverance. On a separate sheet of paper, can you discuss this verse/passage, as well as other information from the Bible along these lines? Do some study!

NOTES

# DELIVERANCE & DEMONS

## ACTIVATION CENTER

### 1. SELF DELIVERANCE - Loose Yourself!

**1 Cor. 11:28** - But let a man examine himself. . .

**Isaiah 52:2** – Shake **thyself** from the dust; arise, and sit down, O Jerusalem: **loose thyself** from the bands of thy neck, O captive daughter of Zion.

\*Examine self

\*Repentance

\*Speak to self

\*Pray over your life

The Bible says you can deliver yourself. Light has nothing in common with darkness, so examine your life and identify any sin, offences, habitual sin, attitudes, mindsets and those you need to forgive.

Get alone and pray addressing those areas in your life that are sinful and a possible magnet to demonic activity. Forgive those who offended you and/or hurt you. Close any door to sin whether it is wrong words, attitudes or unforgiveness. Open doors to the Holy Spirit by addressing these areas and inviting His presence in your life. Speak the word declaring that whom the Son has made free is free indeed!

### 2. THEY SHALL CAST OUT DEVILS – Ministry of the believer & Identifying the strongman

**Mark 16:17** - 17And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues;

**Matthew 12:28-29** - But if I cast out devils by the Spirit of God, then the kingdom of God is come unto you. 29 Or else how can one enter into a strong man's house, and spoil his goods, except he first bind the strong man? and then he will spoil his house.

- Have each person get into a group to be prayed for. It can be the whole group praying for one individual or divide into groups of 3 to 4.

*This is not a manifestation session, puke session or a get to personal session or activation.*

- From the lesson, have the individual identify any strongman that may be operating in their blood line or life. This may also be doors that were opened at one time that they have never renounced or closed and doesn't mean they are dealing with them now.

The goal is to get free from generational iniquity or spirits working in your life or blood line. This is the place for the ministry of the believer to address demons and cast them out.

- Have the individual renounce any satanic activity or sin

in their bloodline and ask God for forgiveness of any sin. Have the individual pray declaring they are free and declare a generational blessing. The group members should pray commanding any evil spirit and strongman to leave their life and blood line.

### 3. CLEANSE YOUR HOME– Spiritual house cleaning

**Leviticus 14:34-35 (read) and Numbers 33:52-55 -**

*52Then ye shall drive out all the inhabitants of the land from before you, and destroy all their pictures, and destroy all their molten images, and pluck down all their high places:*

Deliverance is not just to individuals, it is a change of lifestyle or habit. Look at your home life and examine areas that need to be put in order and cleaning.

- You may want to get rid of unwanted junk, clean out closets, dressers, nightstands, automobiles, and garages.
- Take a good look at the video games, children's toys, board games and the like to see if there is anything that should be thrown out.
- Get rid of things you hold onto that are not producing good fruit in your life but instead hold you in bondage. Strongholds many times are connected to things that we store up and hold onto that we can't part ways with. Often times they are things that haven't produced good memories or feed areas in our lives causing demonic footholds.

### 4. DELIVER YOUR FAMILY - Deliverance, the children's bread – Minister communion and deliverance to your children as a family. Breaking generational iniquity, prophesy like the patriarchs of old did over their children's future and destinies.

## Resource/Study Suggestion



This month's reading suggestion, *Clean House Strong House*, is a practical guide to understanding spiritual warfare, demonic strongholds, and deliverance.

Look for this book in the LOH Bookstore!

Written by Kimberly Daniels